✅Be Aware of Child Developmental Stages and Milestones

💡**Gambaran keseluruhan**

It is important to be aware of different competencies and characteristics of children at different stages (2-9 years old). These characteristics of young children can shape parents’ expectations, goals, and activities with their children. It may be that the challenges and problems that parents face are rooted in expecting children to behave in ways that they are not yet developmentally ready for.

Peringkat Perkembangan Anak

**Kanak-kanak bertatih (2-3 tahun)** 

* Makanan, tidur, kebersihan, keselesaan dan keselamatan.
* Hubungan erat (ikatan) dengan ibu bapa/ penjaga.
* Rangsangan dan perhatian.
* Sikap ingin tahu yang tinggi; suka meneroka dan menjadi lebih berdikari.
* Suka belajar melakukan perkara baharu (cth memakai dan menanggalkan pakaian) dan ingin membuat keputusan sendiri.
* Seeks praise and approval.
* Becomes more independent and continues to explore his or her surroundings.
* Starts speaking sentences and building vocabulary.
* Does not like to lose or take turns, but sharing can be taught.
* May express feelings in dramatic ways. Can begin to learn how to manage emotions.



Early Childhood (4-7 years old)

* Food, sleep, cleaning, comfort and safety.
* Strong attachment (bonding) with parent/ caregiver.
* Stimulation and attention.
* Learns through actions and play.
* Develops relationships with other children. (Play is important and can teach social values.)
* Has questions; seeks answers.
* Finds it difficult to separate fantasy from reality.
* Expresses feelings in dramatic ways.
* May talk a lot; ask many questions. Answers can be short but should be honest. The child may ask again if it is not clear or if she or he wants more information.
* Does not like to lose, share or take turns, but losing and taking turns can be taught.

**Middle Childhood (8-9 years old)** 

Middle Childhood includes ages 8 to 12 years old.

* Food, sleep, cleaning, comfort and safety.
* Strong attachment (bonding) with parent/ caregiver.
* Stimulation and attention.
* Interested in learning in school.
* Starts to want independence and trust.
* Wants to spend time with other children.
* May express interest in religious matters, spirituality.
* May answer back to adults to show that they “know”.
* Can be very self-conscious and sensitive. Mungkin jadi sangat aktif. (The child’s unique temperament emerges clearly at this stage.) But can learn to better manage anger and tolerate frustration.